



NCRI Cancer Experiences Collaborative
(CECo) One Day Event

**“Designing and testing interventions to support family
caregivers in end of life care”**

Wednesday 14th March 2012, 1000-1600

*Barbour Room, The Sage Gateshead, Newcastle-upon-Tyne, NE8 2JR, UK
To coincide with the 9th Palliative Care Congress*

Family carers play a crucial role in supporting patients at home towards the end of life. They often suffer adverse effects from care giving, but may also find it rewarding. End of life guidelines and policy recommend that carers' needs should be assessed and addressed to support them in their role. However, there is limited evidence available on appropriate and effective interventions to support carers. This CECo event will consider challenges of developing and testing interventions for carers, and consider what we can learn from national and international trials.

UK and international speakers and titles of talks

‘Application of the COPE intervention to improving patient and caregiver outcomes’

Professor Susan McMillan

‘Cochrane review of RCTs of supportive interventions for informal carers of patients in the terminal phase of a disease’

Dr Bridget Candy

‘An RCT of a carer intervention across palliative care services: tricky but worthwhile’

Dr Louise Jones

‘Preparing family caregivers for their role: A program of intervention research’

Professor Peter Hudson

‘Implementing the Carer Support Needs Assessment Tool (CSNAT) in hospice home care practice’

Dr Gail Ewing

‘An intervention to support carers in the community to deliver practical EOL care’

Professor Karen Luker

Chair:

Professor Jane Seymour, Sue Ryder Care Professor in Palliative and End of Life Studies, University of Nottingham

The event will be followed by an open meeting of the International Palliative Care Family Carer Research Collaboration (<http://www.centreforpalcare.org/index.php/research/ipcfrcr/>)

Workshop Registration fee £35

Please see <http://www.ceco.org.uk/> for updates and further details.

Bursaries to cover travel and the registration fee will be available for CECo PhD students, Post Doctoral Researchers and Research Fellows on a first come, first served basis (contact: Anne-Marie McDonnell – details below)

Please register through Anne-Marie McDonnell,
Email: A.McDonnell@oton.ac.uk or by Telephone: 023 8059 7881.

(CPD approval has been requested)

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in end of life care’**

Wednesday, 14th March 2012, 1000-1600
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Programme

Chair: Jane Seymour, Sue Ryder Care Professor in Palliative and End of Life Studies, University of Nottingham

1000-1030 Registration and refreshments

1030-1040 Welcome
Gunn Grande, CECo Capacity Building Lead and Professor of Palliative Care, University of Manchester

Session 1 : Which types of intervention may be effective and why?

1040-1110 *‘Application of the COPE intervention to improving patient and caregiver outcomes’*
Susan McMillan, Distinguished University Health Professor and Thompson Professor of Oncology Nursing, University of South Florida College of Nursing

1110-1130 *‘Cochrane review of RCTs of supportive interventions for informal carers of patients in the terminal phase of a disease’*
Bridget Candy, Senior Research Fellow, Marie Curie Palliative Care Unit, University College London

1130-1200 Panel discussion

1200-1300 *Lunch*

Session 2 : Challenges of testing interventions

1300-1320 *‘An RCT of a carer intervention across palliative care services: tricky but worthwhile’*
Louise Jones, Senior Lecturer and Director of Marie Curie Research Centre, University College London

1320-1350 *‘Preparing family caregivers for their role: A program of intervention research’*
Peter Hudson, Director Centre for Palliative Care, University of Melbourne (Australia) and Professor of Palliative Care, Queen’s University (Belfast)

1350-1420 Panel discussion

1420-1450 *Refreshments*

Session 3 : Implementation of interventions within existing services

1450-1510 *‘Implementing the Carer Support Needs Assessment Tool (CSNAT) in hospice home care practice’*
Gail Ewing, Senior Research Associate, Centre for Family Research, University of Cambridge

1510-1530 *‘An intervention to support carers in the community to deliver practical EOL care’*
Karen Luker, Head of School of Nursing, Midwifery and Social Work, University of Manchester

1530-1550 Panel discussion

1550-1600 Closing remarks
Jane Seymour, Sue Ryder Care Professor in Palliative and End of Life Studies, University of Nottingham

Followed by the International Palliative Care Family Carer Research Collaborative:

Open forum and information session (30 minute meeting chaired by Peter Hudson and Gunn Grande)